

# BIKE FEST 2010

# BIKE 2 WORK WEEK



APRIL  
5-9



average jones

personal training

THE UNIVERSITY  
OF ARIZONA

Parking & Transportation Services



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**Cereal Boxx** - 943 E. University Blvd., Ste. 101 -

*April 5th- April 9th from 7 a.m. to 9 a.m.* All week Cereal Boxx will be offering bike commuters with a helmet a mini bowl cereal creation or an oatmeal creation.

**Xoom Juice** -

*April 5th- April 9th from 7 a.m. to 9 a.m.* 245 E. Congress Street

*April 5, 2010 from 7 a.m. to 9 a.m.* 2739 E. Speedway Blvd.

Xoom Juice will be giving back to the bike commuters. Xoom Juice will be offering free small Smash of Strawberries smoothies with a scoop of protein to bike commuters who show their helmet, and say "Bike Fest".

**Time Market** - 444 E. University Blvd. -

*April 5th- April 9th from 7 a.m. to 9 a.m. and 4 p.m. to 6 p.m.* All week, twice a day, stop by Time Market on your bike, show your helmet and say, "Bike Fest" to receive a free mini burrito.

**Malibu Yogurt** - 825 E. University Blvd. -

*April 5th- April 9th from 7 a.m. to 11 a.m.* Spread the word, Malibu Yogurt serves breakfast. Come and enjoy an espresso/ coffee drink and bagel/ pastry all week long. Just show your helmet and say, "Bike Fest".

**Tucson Yoga** - 150 South 4th Avenue -

*April 5th- April 9th, classes start at 9 a.m.* Rejuvenate your mind and body at Tucson Yoga. All 9 a.m. classes are free to bike commuters who show their helmet and say, "Bike Fest".

**YogaHour** - 245 E. Congress Street, Suite 101 -

*April 5th- April 9th classes start at 12:15 p.m.* Bike commuters here is your opportunity to become more limber. Ride your bike to the YogaHour for their noon class. Go to [www.yogaoasis.com](http://www.yogaoasis.com) and check out their schedule of classes.

**Ordinary Bike Shop** - 311 East 7th Street -

*April 5, 2010 from 4 p.m. to 6 p.m.* On your way home stop by Ordinary Bike Shop for a free water bottle and other treats. Don't forget your helmet and to say, "Bike Fest".

**Scoot Over and Crave Espresso Bar** - 4534 E. Broadway Blvd. -

*April 6, 2010 from 6:30 a.m. to 9:30 a.m.* Scoot over to Scoot Over and Crave Espresso Bar for coffee, water, juice, pastries, and give-a-ways.

**American Lung Association** - 2819 East Broadway Blvd. -

*April 6, 2010 from 7 a.m. to 9 a.m.* Come and show your support of fresh air and healthy lungs at the American Lung Association Bike Commuter Station.

**Sunquest** - 250 S. Williams Blvd. -

*April 6, 2010 from 7 a.m. to 9 a.m. (Sunquest employees only)* Sunquest employees are celebrating Bike 2 Work Week with a free employee-only breakfast.

**Food Conspiracy** - 412 N. 4th Avenue -

*April 6th- April 8th, from 8 a.m. to 10 a.m.* Enjoy a free cup of organic fair trade coffee and some deli treats as a thank you for biking to the Food Conspiracy between 8 a.m. and 10 a.m. on Tuesday, Wednesday, and Thursday of Bike 2 Work Week.

**Ajo Bikes** - 1301 E. Ajo Way - *April 6, 2010 from 9 a.m. to 6 p.m.*

Ajo Bikes would like to thank you for riding your bike with a free water bottle.

**Tooley's Café** - 299 S. Park Ave. -

*April 6, 2010 from 10 a.m. to 2 p.m.* Ride your bike to Tooley's Café on South Park and enjoy free coffee and a special treat. Remember to say, "Bike Fest" and show your helmet.

**Sunflower Farmers Market** -

*April 6th- April 9th from 4 p.m. to 6 p.m.* 4282 N. First Avenue

*April 6th- April 9th from 4 p.m. to 6 p.m.* 4645 E. Speedway Blvd.

*April 6th- April 9th from 4 p.m. to 6 p.m.* 3860 W. River Road

Cruise over to Sunflower Farmers Market on your way home for some fresh fruit, granola, and juice. Remember to say, "Bike Fest" and wear your helmet.

**Average Jones** - 1702 E. Prince Road #120 -

*April 7, 2010 from 9 a.m. to 5 p.m.* Come meet Matt Jones and check out the Average Jones Personal Training studio. Bike commuters can enjoy bananas; trail mix; and a water filling station.

**UA Bike 2 School Day** - 1303 E. University Blvd. -

*April 7, 2010 from 9 a.m. to 2 p.m.* Celebrate biking to the UA on the central Mall at the Bike Station. This event is hosted by the UA Parking & Transportation Services and the UA Cycling Club.

**Antigone Books** - 411 N. 4th Avenue -

*April 7, 2010 from 10 a.m. to 7 p.m.* Ride your bike to Antigone Books and show your helmet and say, "Bike Fest" for a free bike sticker.

**Roadrunner Bicycle** - 6177 E. Broadway Blvd. -

*April 8, 2010 from 6 a.m. to 10 a.m.* Come and visit Roadrunner Bicycle for free food and free bicycle adjustments.

**Bookmans** (Ina Road Location Only)- 3733 W. Ina Road -

*April 8, 2010 from 9 a.m. to 10 p.m.* Want to pick up a new book today? The Bookmans located at 3733 West Ina Rd. is offering anyone who is bike commuting a special \$10 coupon towards anything in the store (this coupon could be used at any Bookmans, but it is only available at the Ina location).

**Eric Post Law Office** - 3256 E. Speedway Blvd. -

*April 8, 2010 from 2 p.m. to 4 p.m.* Swing on by Eric Post's Law Office for an afternoon snack.

**BICAS and Originate** - Near 526 9th Avenue -

*April 8, 2010 from 4 p.m. to 6 p.m.* Stop by the BICAS (Bicycle Inter-Community Art & Salvage) and Originate, a natural building materials showroom, Bike 2 Work Station along 9th Street, north of the railroad tracks. Enjoy reflective bike-themed stickers donated by the Gloo Factory and Small Planet Bakery treats.

**Bohemia and Yikes Toys** - 2920 E. Broadway Blvd. -

*April 8, 2010 from 4 p.m. to 6 p.m.* Stop by Bohemia and Yikes Toys for some cool snacks.

**Brooklyn Pizza and the Sky Bar** - 534 and 536 N. 4th Avenue - *April*

*8, 2010 from 4 p.m. to 6 p.m.* Cruise by Brooklyn Pizza and the Sky Bar on your way home for one slice of cheese pizza at Brooklyn Pizza and a free cup of coffee at the Sky Bar. Stick around and enjoy the bike-themed movie at the Sky Bar.

**Downtown Historic Bike Tour w/ Zocalo Magazine Staff** - Start at Hotel Congress, 311 E. Congress Street - *April 8, 2010 from 4:45 p.m. to 5:45*

*p.m.* Join the Zocalo Magazine staff for an after work cruise of downtown's historic districts beginning at Hotel Congress. Discover culturally significant sites in downtown Tucson and its surrounding neighborhoods. At the end of the tour, bikes can stick around and mingle over drinks at Barrio Brewery.

**Downtown Bike 2 Work Day** - 400 N. Toole Avenue - *April 9, 2010 from*

*7 a.m. to 10 a.m.* Celebrate bike commuting at the downtown Bike 2 Work event at Maynard's Market. The Bicycle Advisory Committee will present their Commuter and Advocate of the Year Awards starting at 7:45 a.m. Enjoy live music by Michael P., free food, and more.

**Oro Valley Bike 2 Work Day** - 10785 North Oracle Road - *April 9, 2010*

*from 7 a.m. to 9 a.m.* Celebrate Bike 2 Work Day in Oro Valley at Home Depot/ Starbucks shopping center at 1st Avenue and Oracle Road.

**Lotus Massage** - 2850 E. Grant Road -

*April 9, 2010 from 4 p.m. to 7 p.m.* On your way home from work and feel stressed out? Take the opportunity to enjoy a relaxing short complementary mini massage and other treats at Lotus Massage.

**Borealis Arts** - 6530 E. Tanque Verde, Suite 160 - *April 9, 2010 from 8:30*

*a.m. to 10:30 a.m. and 3:30 p.m. to 5:30 p.m.* Borealis Arts is offering anyone who stops by their gallery and mentions Bike Fest, free coffee, water fill-up, bananas and pastries from Le Buzz. Don't miss out, from 3:30 to 5:30 you can get gelato and coffee from Cafe Italiano at Borealis Art. Additionally, all Bike 2 Work visitors can register to win a framed bicycle-themed limited edition print from Reflective Collective, a local arts collective.

**Public Art and Downtown Revitalization Bike Tour** - Start at the

Tucson Museum of Art, 140 N. Main Avenue - *April 9, 2010 from 4 p.m. to 5 p.m.* Join the Downtown Tucson Partnership and Ward 1 for a tour of downtown public art and downtown revitalization projects. The tour will terminate at a local hot spot, Steak in the Neighborhood, 135 E. Congress, for happy hour.